Shots aren't just for kids.

Vaccines for adults can prevent serious diseases and even death. Ask your doctor about what immunizations **you** need. Because **staying healthy at any age** isn't kid stuff.

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

Vaccines can prevent Influenza (flu), shingles, diphtheria/tetanus, pertussis, and pneumococcal diseases.

http://www.cdc.gov/vaccines/adults

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