



# Respiratory Rally: A Patient Education Event

Please join the American Lung Association in Washington for a **FREE** event to learn more about managing **chronic lung disease** or helping a loved one

**What:**

- Learn how to best manage chronic lung diseases such as asthma, Alpha-1, lung cancer and COPD, including chronic bronchitis and emphysema
- Explore ways to support a loved one affected by chronic lung disease

**Topics Include:** Lung Health 101, COPD local research updates, optimal nutrition for lung disease, ways to stay fit, and much more at this no-cost event!

**Date:** Saturday, May 3, 2014

10am-3pm *Lunch provided, oxygen available, free valet parking*

**Location:** Aljoya Thornton Place  
450 NE 100<sup>th</sup> Street  
Seattle, WA 98125

Family members highly encouraged to attend. Free Alpha-1 testing on-site!

**Space is limited, registration is appreciated. Walk-in registration available as space permits.** Register at [www.respiratoryrally.com](http://www.respiratoryrally.com) or contact Allison Moroni, Lung Health Manager, at 206-512-3294 or [amoroni@alaw.org](mailto:amoroni@alaw.org)



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