



Fall Free Spokane

FALL PREVENTION PROVIDER CONFERENCE



United to be Fall Free

Join us in creating partnerships for the continuum of care

Thursday, Sept. 18, 2014

8:30 a.m. - 4:30 p.m.

This year's annual fall prevention conference features local speakers addressing key issues related to falls through small group break-outs called "circuit training" as well as large group sessions.

We will wrap up the day with nationally recognized geriatric specialist Dr. Carole Lewis, PT, DPT, GTC, GCS, MSG, MPA, PhD, FAPTA, presenting "Age Defying Fitness."

Who should attend?

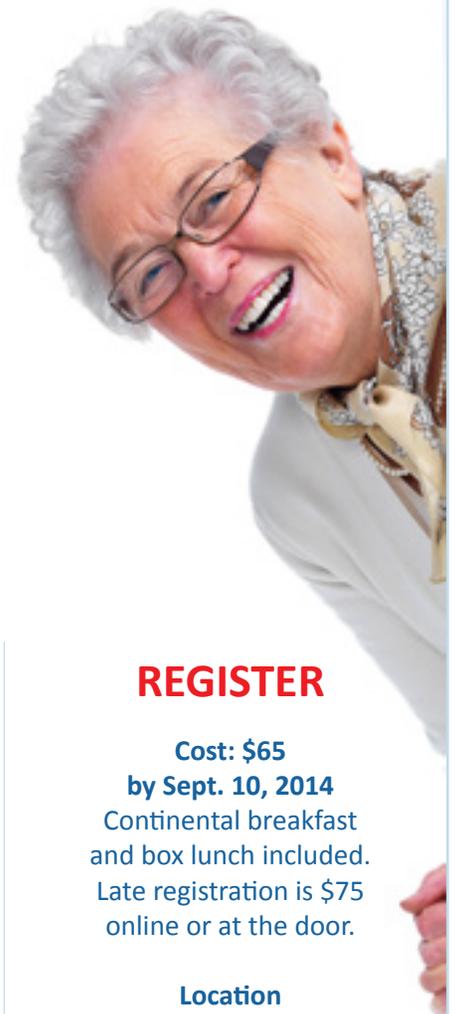
- Physical and Occupational Therapists
- Senior Fitness Instructors
- Caregivers
- Health Care Providers

Conference objectives

1. Discuss common areas of knowledge shared by physical therapists, occupational therapists and group exercise/ fitness trainers on the topic of senior fall prevention.
2. Identify strategies to enhance communication and appropriate referral systems between stakeholders in senior fitness and fall prevention.
3. Describe the key areas of fitness and the strategies to minimize fall risk as the body ages.

Attendees will receive a certificate of completion indicating 7.5 contact hours

REGISTER



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Cost: \$65

by Sept. 10, 2014

Continental breakfast and box lunch included. Late registration is \$75 online or at the door.

Location

Centerplace Great Room
2426 N. Discovery Place
Spokane Valley, WA 99216
[Printable map & directions](#)

Questions?

Contact Nancy Hawley
Spokane Regional Health District
nhawley@srhd.org
509.324.1530

Spokane Regional Health District provides individuals with disabilities reasonable accommodation to participate in our classes, events, program, and services. Requests may be made three (3) days prior to the event by calling Nancy Hawley at 509.324.1530 or email at nhawley@srhd.org.